

How to guide: Play digital download audio on an iPad, ipod or iPhone

Please don't try downloading your digital download to an iPad, iPod or iPhone - first download it to your computer then sync it with iTunes to your i-Device... see below

Step 1.

Purchase Digital download from [www.byronyoga.com /shop/](http://www.byronyoga.com/shop/)

Step 2.

From your Desktop Computer or Laptop (see pic .1)

Check email, click on the link in email (a)

Download will start automatically

File saves to your downloads folder

(if you don't see an email in your inbox from shoporders@byronyoga.com

check your spam folder)



pic .1

Step 3.

Open iTunes:

(see pic .2)

Click File (a)

Click Add to Library (b)

Dialog window opens:

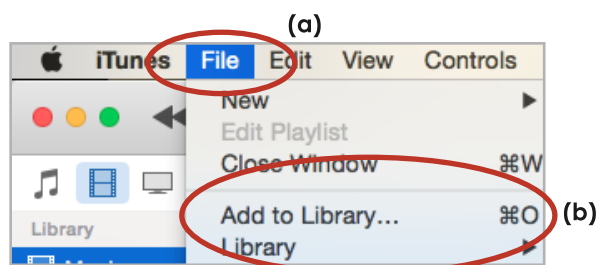
(see pic .3)

Click Downloads (a)

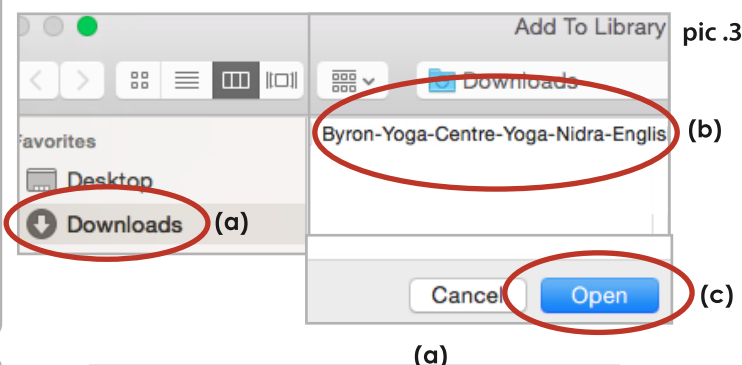
Click Byron-Yoga-Nidra..mp3 (b)

Click Open (c)

Audio will Import into iTunes library



pic .2



pic .3

Step 4.

Search in iTunes (top right corner) 'byc' (see pic .4)

Click in search bar and type 'byc' (a)

Audio track will appear below (b)

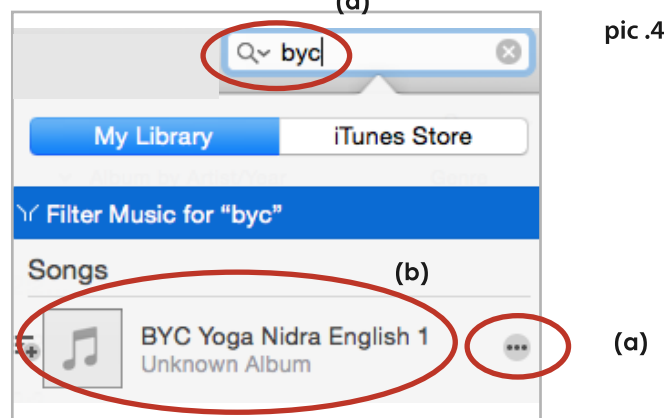
Step 5.

Move cursor over audio track

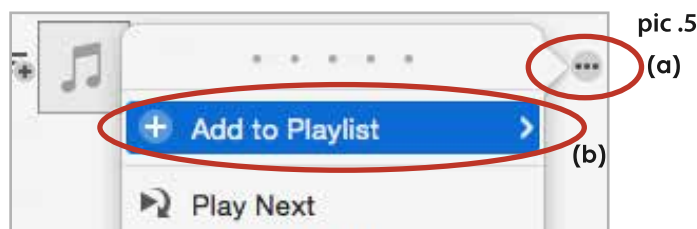
(see pic .5)

Click on circle with dots (on right) (a)

Click on add to playlist (b)



pic .4



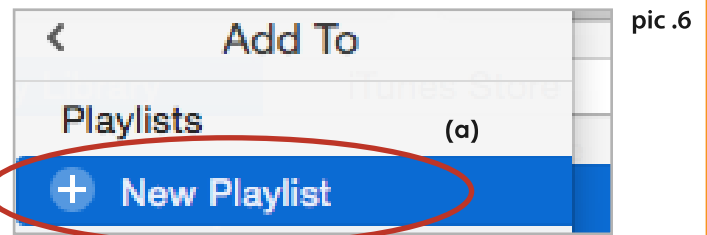
pic .5

Step 6.
Add New Playlist
(see pic .6)

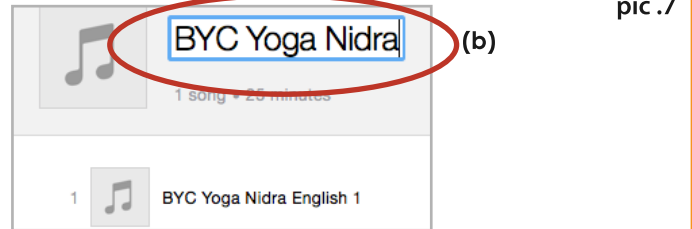
Click on New Playlist

Step 7.
Name New Playlist
(see pic .7)

Name New Playlist, then press enter (a)
Audio track will automatically be added to
New Playlist



pic .6



pic .7

Step 8.
Connect iPad, iPod or iPhone to Computer or Laptop:
(see pic .8)

Click i-Device Icon (a)

Click Music in Settings panel (b)

Tick Sync Music (c)

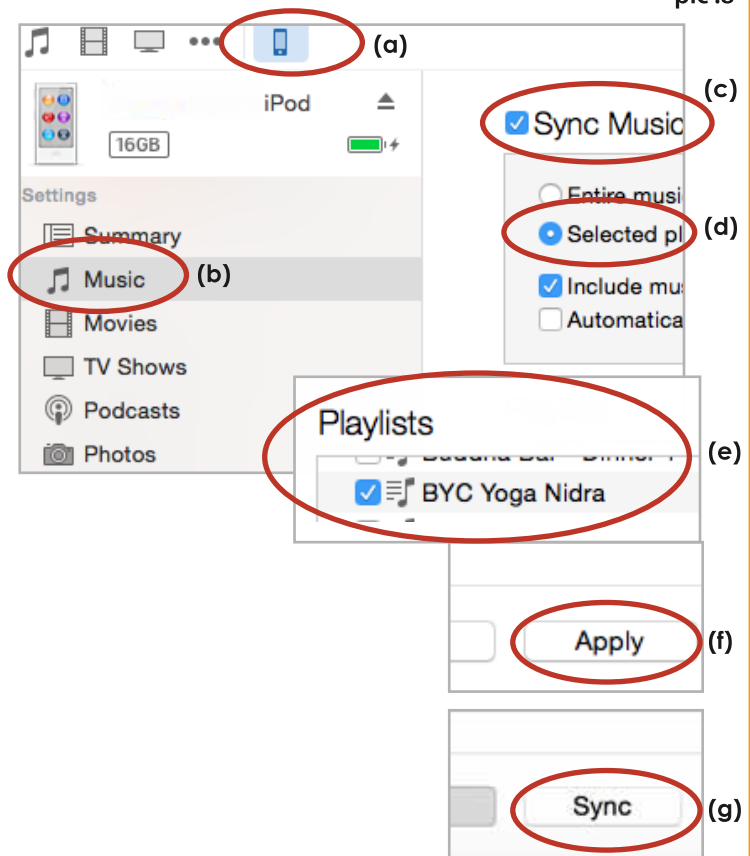
Tick Selected Playlists (d)

Tick BYC Yoga Nidra Playlist (e)

Click Apply (bottom right corner)(f)

Click Sync to put audio on your i-Device (g)

*Enjoy listening to the audio on your iPad,
iPod or iPhone*



pic .8