



LIVE - WORK - STUDY YOGA

IN AUSTRALIA



11351NAT CERTIFICATE IV IN YOGA TEACHER TRAINING

byronyoga.com



WELCOME TO BYRON YOGA CENTRE



Byron Yoga Centre is one of Australia's leading yoga teacher training schools and one of the longest running yoga schools in Australia, established in 1988.

Byron Yoga Centre has been a registered training organisation since 2009, and is a centre of excellence in delivering yoga teacher training. We value the ability to balance the physical, mental, emotional and spiritual wellness of our students and employees.

The yoga we teach is called Purna, meaning 'integrated' or 'complete'. Purna Yoga represents a holistic approach to yoga, integrating all the 8 limbs (Ashtanga),

not just the asanas (physical postures) but also philosophy, meditation, pranayama (breath control) and the yogic personal and social code of ethics.

When living and studying in Byron Bay, students have an opportunity to soak up the beautiful beaches, unspoilt hinterland, and relaxed lifestyle. Home to artists, musicians, dancers, writers, surfers, healers and of course yogis express their diversity and individuality.



11351NAT

Certificate IV in Yoga Teacher Training

Course Details

11351NAT Certificate IV in Yoga Teacher Training is designed for students who have a passion for yoga and want to become a yoga teacher.

Qualification: 11351NAT Certificate IV in Yoga Teacher Training

CRICOS Course Code: 118166J

Duration: 12 months (4 terms of 10 weeks)

Full Time: 20hrs per week (2 days of 8hrs + 1 day of 4hrs)

Delivery mode: Face to face, on campus

Assessments: Practical teaching, assignments + assessments

Cost: AUD\$10,000 includes all learning materials

Vocational Outcomes: Yoga Teacher
Internationally recognised as the standard qualification for yoga teachers

Units of Competency

NAT11351001 Work within a fundamental yoga philosophical framework

NAT11351002 Perform and teach yoga practices

NAT11351003 Plan and instruct general yoga classes

NAT11351004 Deliver specialised yoga classes to meet individual needs

HLTAAP001 Recognise healthy body systems

CHCCOM006 Establish and manage client relationships

HLTWHS001 Participate in workplace health and safety

HLTAID011 Provide First aid

BSBESB406 Establish operational strategies and procedures for new business ventures

[Click here to learn more.](#)

Intake dates: January 2026 | April 2026 | July 2026 | October 2026

Student Accommodation



Long and Short Term Options

We understand the stresses of finding affordable student accommodation in Byron Bay. That's why we have opened up additional rooms in our beautiful Byron Yoga Retreat Centre for students accepted into our 11351NAT Certificate IV in Yoga Teacher Training.

We have quad share, twin share and single rooms available for short term or long term stays - suitable for all budgets.

We also have nightly rate options for those driving to Byron Yoga Centre from the Gold Coast, Brisbane or other areas outside Byron Bay. [Click here for prices.](#)

What's included:

- Furnished rooms with shared bathrooms
- Eco Sustainable Site
- 3 vegetarian meals per day sourced from our on-site organic gardens
- Weekly cleaning of your room or cabin
- Utility costs including electricity and water
- Complimentary wifi
- Use of our Byron Yoga Centre Retreat facilities including laundry facilities, our solar heated salt mineral magnesium swimming pool, meditation spaces and communal study zones
- Daily morning yoga classes
- Location within walking distance to beaches and town centre



Student Testimonials

"This environment that you all continually create is so valuable. I have never felt more supported and safe in my entire life than I do here at Purna. I never want to leave. I have such love, admiration and respect for absolutely everyone here. You are all absolutely fantastic!"

Certificate IV Graduate

"I learnt so much studying with the Byron Yoga Centre. I felt really supported by the teachers and enjoyed connecting to my group. Thank you!"

Marta from Italy, Certificate IV Graduate

"The course was a great opportunity to grow as a human being, to create a sense of community, to learn how to conduct a safe and good yoga class. I am so happy I did it. One of the best courses of my life."

Certificate IV Graduate

"I loved studying how to be a yoga teacher and enjoyed my year in Byron Bay. The teachers at Byron Yoga Centre gave me the confidence to share yoga with my future students."

Roberta from Brazil, Certificate IV Graduate



Why Choose Byron Yoga Centre?

1

Australia's longest running yoga school

Byron Yoga Centre is one of the longest running yoga schools in Australia, established in 1988. John Ogilvie, the founder of Byron Yoga Centre is one of the most respected yoga teachers.

2

Registered Training Organisation

Byron Yoga Centre is one of the few yoga organisations in Australia that operate as a RTO (Registered Training Organisation). And has been registered since 2009.

3

Intimate Classes

We restrict our numbers to a maximum of 24 students in each class, so you are assured of quality training. The experienced trainers are passionate about supporting your professional and personal yoga journey.



4

Teach public classes

Byron Yoga Centre is one of the very few yoga schools in Australia which offers students the opportunity to teach public classes during the course.

5

Student support

Our friendly team offers international students support with all aspects of their journey in Australia.

6

Location!

Cape Byron is Australia's most easterly point, located on the North Coast of New South Wales. With its numerous beaches, unspoilt hinterland, and relaxed lifestyle, Byron Bay is the perfect place to live, work and study yoga.

Connect with us

Have any questions about this course?

Contact Mish education@byronyoga.com | or call [\(02\) 6685 8327](tel:(02)66858327)

Plus click on the icons to keep connected.

