		Sun	Mon	Tues	Wed	Thu	Fri	Sat	Sun	Mon	Tues	Wed	Thu
		1	2	3	4	5	6	7	8	9	10	11	12
room 1	6.00.		Level 2 Class	Level 2 Class	General Class	General Class	General Class	General Class	Class Assess	Class Assess	Class Assess	Class Assess	
										Philosophy	Philosophy	Philosophy	Led Practice
room 2	6.00.									Pranayama	Pranayama	Pranayama	with
										Med assess	Med assess	Med assess	Sw Pujan
	8.00.		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	9.00.			Acomo	Applied	Dhilosophy		Workshop		Adho Mukha	Creating a		
			Asana Teaching	Asana Teaching	A + P	Philosophy -	Level 2 Props	Workshop Variations and	Ayurveda	Vrksasana	Restorative	Kleishas	Sharing Circle
			Clinic	Clinic	and	10 min talks	Level 2 Props	Transitions	Ayurveua	Workshop	Sequence	Kieisiias	Sharing Circle
				Clinic	Therapy	10 mm tarks		Transitions		workshop	Workshop		
	10.30.		Break	Break		Break	Break	Break	Break	Break	Break	Break	
	11.00.												
					Applied		Adjustments	Adjustment and	Teaching				
			Asana Teaching	Asana	A + P	Pregnancy,	and	Corrections of	alternatives for		Restorative	Where to from	
			Clinic	Teaching	and	Menstruation,	Corrections	Level_1 & 2	Level 1 + 2	Level 3 Asanas	Yoga Class	here	
				Clinic	Therapy	Menopause	level 2 asanas	asanas	asanas when				
									pregnant				
	12.30.		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
	2.00.								Postural				
					Teaching		Practice	Adjustment and	Alignment Pre-	Postural			
			Asana Teaching	Principles of	Pranayama &	Practice	teaching	Corrections of	assessment +	Alignment	Philosophy	Partner Yoga	
			Clinic	Sequencing 2	Meditation	Teaching	Variations	Level_1 & 2	Practice for	assessment	Meditation		
							level 1 asanas	asanas	assessments				
	3.30		Break	Break	Break	Break	Break	Break	Break	Break	Break	Break	
	2.30		2. van	2.our	2. cur	2.cuit	2.cur	2.cur	2.cun	2.cur	Zioni	2.cur	†
			T. 1: F		practice	practice	practice	practice	practice	Philosophy	Philosophy	Philosophy	1
room 1	4.00.	Openning	Teaching Pranayama	Level 2 Class	session led by	session led by		session led by	session led by	Pranayama	Pranayama	Pranayama	
		Circle	& Meditation		trainee	trainee	trainee	trainee	trainee	Med assess	Med assess	Med assess	
room 2	4.00.				General Class	General Class	General Class	General Class	Class Assess	Class Assess	Class Assess	Class Assess	
	6.00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	İ
	7.00.	Constructing a	Practice Teaching	Living the 8	Yoga Nidra	Yoga Nidra	Yoga Nidra	Free Time	Yoga Nidra	Voga Cutaa-	Philosophy	Yoga Nidra	
		Yoga Nidra	r ractice reaching	Limbs	Pranayama	Pranayama	Pranayama	rice line	Pranayama	Yoga Sutras	Meditation	1 oga Ividra	